

## IN THE ABSTRACT

Please amend the Abstract as follows:

- - A method of pumping liquid from a container to a destination comprises the steps of connecting a foot operable air pump ~~means~~ in sealed air-delivery relation to the container; connecting a liquid delivery hose ~~means~~ in sealed liquid receiving-relation to the container at the aperture such that the inlet end of the liquid delivery hose ~~means~~ is submerged in liquid in the container, the liquid delivery hose ~~means~~ having a hand operable valve ~~means~~ for controlling the flow of the liquid through the liquid delivery hose ~~means~~; and operating the foot operable air pump ~~means~~ by a foot, so as to pump air into the container, and operating the hand operable valve ~~means~~ by a hand, so as to cause the liquid to flow from the container, through the liquid delivery hose ~~means~~, and to the destination. A related system, fitting, and adapter are also disclosed. - -